You Can Fight Fraud With Tips to **Protect Yourself**



Telemarketing Fraud

Many legitimate businesses use telemarketing, but criminals can also use live or recorded calls to try to steal your identity. Medicare won't call to ask for your bank account, Social Security, Medicare or health plan numbers. Neither will your health plan. Also, Medicare doesn't allow other health plans to call you without your permission.

Here's how to protect yourself from telemarketing scams:

- + Never give your personal information to someone vou don't know.
- + Hang up on recorded messages. Don't press any keys or numbers when prompted- even if it's to take vour name off their list.
- + Write down suspicious numbers and report them.

If someone calls asking for your banking information or Social Security, Medicare or health plan numbers, hang up and report it to the Federal Trade Commission at 1-888-382-1222.

Online Pharmacy Fraud

Some online pharmacies aren't safe or

legal. They might send you medication that is tampered with, expired or fake. They might use your personal information to steal your identity.

Here's how you can protect yourself from online pharmacy fraud:

- + Only order from online pharmacies in your health plan's pharmacy network.
- Don't click on links in emails or pop-up advertisements on the internet.
- Don't order from pharmacies outside the United States.
- + Report pharmacies that offer prescription drugs without a prescription or won't accept your prescription insurance card as a form of payment.
- + If the deal is "too good to be true," it probably is.

If you're affected by online pharmacy fraud, call the BlueCross BlueShield of Tennessee Fraud/ Compliance hotline at 1-888-343-4221.

Do Your Part

You can protect your identity and your benefits

- Never give out your Social Security, Medicare, health plan numbers or banking information to someone that you don't know.
- Carefully review your plan statement to make sure that all of the information is correct.
- Know that free services DO NOT require you to give your plan or Medicare number to anyone.
- + Share this information with your friends.

If you have questions about this flyer or your plan, call Member Service at 1-800-332-5762, TTY: 711

From Oct. 1 to March 31, you can call us 7 days a week from 8 a.m. to 9 p.m. ET. From April 1 to Sept. 30, you can call us Monday through Friday from 8 a.m. to 9 p.m. ET. If you call us outside these hours or on a holiday, our automated system will answer your call. You can leave a message for us, and we will call you back the next business day.



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ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوفر لك بالمجان. اتصل برقم 5762-332-100-1 (TTY:711).